



Friday, December 11th, 2020 WHS Announcements

Today is a White Day \* [WoodsvilleHighSchool.com](http://WoodsvilleHighSchool.com)

*Quote of the Week* ~ "I never lose. Either I win or I learn." – Nelson Mandela

<p><b>Fill out your Snowflake Dedication in the Library &amp; Learning Commons</b></p>	<p><b>Popcorn &amp; a Movie Today!</b>          (High School Musical - Next Week is Ferris Bueller's Day Off!)          FLEX 1-4 in the LLC</p>
<p><b>WHS ATHLETICS</b>          Basketball Skills &amp; Drills - <a href="#">See the Schedule HERE</a></p>	<p><b>Friday Lunch</b>          BBQ chicken, hand cut french fries, steamed Broccoli,          dinner roll +Fruit + Milk</p>

**December's De-Stress Fest - Sign Up Early for these Events....**

<p><b>BUBBLE WRAP POP ALL DAY...EVERYDAY!</b>          Need a Quick Stress Release? Grab a Square of Bubble Wrap and Pop Away!</p> <p><b>PUPPY CAM ALL DAY...EVERYDAY!</b>          Need a Quick Stress Release?          Watch Puppies play on the PuppyCam in the LLC</p>	<p><b>Friday</b></p> <p><b>Decades Day Today! ----</b></p> <p><b>---- Pajama Days Next Week!!</b></p>
<p><b>Come and enjoy our new Heated Massage Seat and our Heated Neck &amp; Back Massager!</b>          (15 minute time limit on each)</p>	



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How Taking College Classes Next Semester Can Break the Boredom AND Save you Time & \$\$  
Open to 10th -12th graders and it's about Dual Enrollment classes offered by Lakes Region Community College. [Zoom Link HERE](#)

## WHS<sup>®</sup> Library & Learning Commons (LLC)

Your Information Station \* [WoodsvilleHighSchool.com/LLC](http://WoodsvilleHighSchool.com/LLC)

### TODAY IN HISTORY

**In 1882:** A production of Gilbert and Sullivan's *Iolanthe* at Boston's Bijou Theatre became the first performance in a theatre lit by incandescent electric lights.

**In 1930:** As the economic crisis grew, the Bank of the United States closed its doors.

**In 1941:** The United States declares war on Italy and Germany.

**In 1972:** *Challenger*, the lunar lander for *Apollo 17*, touches down on the moon's surface, the last time that men visit the moon.

### **WORD of the WEEK** **Pauciloquent**

***uttering** few words; brief in speech.*

***Please return your library books.***  
***Please don't make Mr. Nichols cry...it is NOT pretty!***



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<p><b>Gale's In Context Research Database</b> Click <a href="#">HERE</a> and use your SAU 23 Gmail to sign in.</p> <p><a href="#">EBSCOHost</a> User ID: woodsvilleh Password: <a href="#">Email Mr. Nichols for this password</a></p>	<p>Look for a book that we have in the WHS Library ---&gt; <a href="#">HERE</a></p> <p>Username - WHS Library 🚂 Password - engineers</p>

	Monday	Tuesday	Wednesday	Thursday	Friday
December 14th-18th	<p><b>Popcorn &amp; a Movie</b> (Ferris Bueller's Day Off) FLEX 1-4 in the LLC</p> <p><b>YOGA in the GYM</b> FLEX 1, 3 &amp; 4</p>	<p><b>Pool Noodle Squishy Stress Squeezers</b> (Sponsored by WHS Student Council)</p> <p><b>PAJAMA DAY</b> (Relax &amp; Unwind in your PJs today!)</p>	<p><b>Remote Learning Day</b></p>	<p><b>Pool Noodle Squishy Stress Squeezers</b> (Sponsored by WHS Student Council)</p> <p><b>Popcorn &amp; a Movie</b> (Ferris Bueller's Day Off) FLEX 1-4 in the LLC</p> <p><b>YOGA in the GYM</b> FLEX 1, 3 &amp; 4</p>	<p><b>PAJAMA DAY</b> (Relax &amp; Unwind in your PJs today!)</p>



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Need a Quick Stress Release? Grab a Square of Bubble Wrap and Pop Away!

**PUPPY Cam ALL Day ... EVERYDAY!**

Need a Quick Stress Release? Watch Puppies play on the PuppyCam in the LLC

**Come and enjoy our new Heated Massage Seat and our Heated Neck & Back Massager!**  
(15 minute time limit on each)

**Check out the Velvet Coloring Posters available in the LLC all day**

**LISTEN TO WHS' RELAXING SPOTIFY PLAYLIST**

**HELPFUL DE-STRESS RESOURCES**

\* [9 Easy Yoga Poses to Help You Survive Work, Stress and Travel](#)

\* <https://www.waterford.org/resources/mindfulness-activities-for-kids/>

\* <https://www.waterford.org/resources/mindfulness-activities-for-kids/>

\* <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/parental-resource-kit/index.html> \* <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

\* <https://www.who.int/docs/default-source/coronaviruse/coping-with-stress.pdf>

**You can still donate to the WHS JAG Pantry Pack Program!**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>December 21st-23rd</b>	<b>Popcorn &amp; a Movie</b> (ELF!) FLEX 1-4 in the LLC  <b>YOGA in the GYM</b> FLEX 1, 3 & 4	<b>Popcorn &amp; a Movie</b> (Home Alone) FLEX 1-4 in the LLC  <b>YOGA in the GYM</b>	<b>Remote Learning Day</b>	<b>Holiday</b>	<b>Holiday</b>



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		FLEX 1, 3 & 4			
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<p style="text-align: center;"><b>Come and enjoy our new Heated Massage Seat and our Heated Neck &amp; Back Massager!</b> (15 minute time limit on each)</p>					
<p style="text-align: center;"><b>Check out the Velvet Coloring Posters available in the LLC all day</b></p>			<p style="text-align: center;"><b>LISTEN TO WHS' <a href="#">RELAXING SPOTIFY PLAYLIST</a></b></p>		